Genius Discovery

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Research
Testimonials

Double Helix Water® does not endorse claims or have scientific proof that stable water clusters are effective in the cure, mitigation, treatment or prevention of disease. Stable water clusters have not been evaluated by the Food and Drug Administration. They are not intended to diagnose, treat, cure, or prevent any disease.

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What is Double Helix Water®?
What Is Double Helix Water®?

Double Helix Water® is 100 percent pure water containing large concentrations of stable water clusters. What do we mean by a stable water cluster? Let’s take a look at commonly known states or “phases” of water.

Water is generally recognized to exist in three phases—gas, liquid, and solid. In its solid phase, we refer to it as ice; in its liquid phase, as water; and in its gaseous phase, as steam. In each of these phases, it is the exact same molecule, $\text{H}_2\text{O}$. What is different is the space or distance between the components of the molecule (this is an oversimplification and not fully accurate but serves to illustrate the concept).

![vapor](image1)  ![liquid](image2)  ![solid](image3)

Normally, the distance between the elements of a water molecule is affected by temperature. Thus, the lower the temperature, the closer are the constituents, until the freezing point, when water becomes solid and turns into ice. However, a fourth phase or state of water has been discovered, and it does not fit the above classifications. This is the stable water cluster.

When we speak about the stable water cluster, we are still referring to the exact same water molecule; but the distance between the molecules is even closer than any other known states of water. What’s more, the distance was not created nor affected because of temperature. The stable water cluster stays solid at room temperature; in fact, it stays solid even at intensely high temperatures. So it can no longer be classified as ice.

![solid](image4)  ![stable water cluster](image5)
What Is Double Helix Water®?

When many stable water clusters are present in water, an interesting phenomenon occurs. They combine into double-helix structures, similar in shape to DNA—hence the name “Double Helix Water®.” We will discuss this in further detail later in this booklet.

Above you can see a stable water cluster forming a double helix. This is an actual photo taken with an atomic force microscope.

A complete description of the stable water cluster and the science behind it is available in the book *Double-Helix Water®: Has the 200-Year-Old Mystery of Homeopathy Been Solved?* This book contains the precise summation of our discovery of this new phase of water.
What Double Helix Water® Isn’t

Before we go further into this discovery and what DHW could do for you, let’s clear up some possible confusion—specifically, what Double Helix Water® is not.

There are many forms of water available on the market today, all more or less beneficial and with certain claims attached to them. You might, for instance, have heard of Kangen Water, “ionized water,” “structured water,” or any number of other mineral or treated waters.

Double Helix Water® (DHW) is none of these. When we use the term Double Helix Water®, we are referring to the presence of stable water clusters in ultrapure water (H₂O). There are no drugs or additives of any kind; it is not “treated” in any way, and it retains the original molecular structure of pure H₂O. But, since the stable water cluster is more condensed on a molecular level, this fourth phase of water behaves entirely differently from ice, liquid water, or water vapor. And we believe that it is this exact difference that is responsible for the remarkable effects on the body when it is consumed by individuals (more on this later).

The Discovery of the Stable Water Cluster

One might ask, “Why wasn’t this phase of water discovered before?” The answer is very simple. Science lacked the advanced tools required for the discovery, specifically the atomic force microscope (AFM). This microscope (the AFM) only became available in the later part of the twentieth century, and without this extremely advanced ability to view the world of atoms, the stable water cluster was simply impossible to find.

To further complicate the matter, looking for a particular very small water molecule, surrounded by other water molecules that were in a constant state of motion, is comparable to trying to find one particular blade of straw in a haystack that has just
been picked up by a tornado! As you can see, it has been quite a challenge and it didn’t happen overnight. It took us nearly fifteen years of study and research to make this discovery, during which time we isolated and photographed this particular particle of water hundreds of times.

Much information has been gathered since we first began in 1995, and as the data grew, our understanding followed. At the beginning of this search, we believed that we had discovered another form of ice; but now, after these many years, we know that the stable water cluster is a hitherto-undiscovered phase of water. It has been with us all along and is probably as old as our planet itself.

Knowing that it existed was the first step. The next step was determining its exact configurations and geometries; but even more important was figuring out how it functioned within our biological makeup. How did it fit into the human equation?

As we first began photographing the particle, we found (quite by accident) that one of the pictures contained a bacterium. To our surprise, the stable water clusters in the vicinity of the bug had attached themselves to it (we assumed because of their electrical charge) and this made it impossible for the bacterium to survive. Another clue presented itself when one of our batches of stable water clusters had been left in storage for a long period of time and yet showed no bacteria growth.

This puzzled us, since normally ultrapure water is an ideal growing place for bacteria. We definitely had found our first clues that there was a possible biological aspect to the stable water cluster.

While doing some of our research at UCLA, we were introduced to Professor Benjamin Bonavida, PhD, Department of Microbiology, Immunology, and Molecular Genetics. We showed him samples as well as the bacterium picture, which intrigued him greatly.

Dr. Bonavida decided to launch a series of double-blind studies. A scientific paper containing the results of his fifty-seven experiments was published by the World Scientific Publishing Company in 1998. A full copy of this study and the research paper is available in the book Double-Helix Water®: Has the 200-Year-Old Mystery of Homeopathy Been Solved? (page 103).

The results showed a very positive effect on the immune system. It was at this point that we realized we had, quite by accident, stumbled on a significant breakthrough in
the field of health and potentially a new understanding of the workings of the immune system in the human body.

As we know, our bodies are largely made up of water, and the aforementioned study demonstrated that a solid particle of water was capable of triggering an immune response. As you can imagine, our interest increased greatly; but even though we had our first indication of the biological activity of the stable water cluster, it only led to more questions.

We manufactured hundreds more samples in the lab that were of stronger and stronger concentrations of stable water clusters. With the original mathematical model as our guide, these samples unlocked more of this puzzle as we viewed each new series of atomic force microscope photographs. It was during the examination of an extremely strong solution that we realized Mother Nature was trying to tell us something.

In highly concentrated solutions, stable water clusters form a new structure, a double helix—yes, very similar to the shape of a DNA strand.

What did this mean? What was Mother Nature saying?

At that time, we felt it was rather bold to assume that this infinitesimally small particle of water was somehow part of the first moments of biological life here on Earth; but today, after nearly twenty years of research, I am afraid we see no such boldness. Solid agreement exists among scientists worldwide that life somehow sprang from the ancient oceans that covered our planet around 3.5 billion years ago. Is it so difficult to imagine that this fundamental little particle was in some way involved in those beginning stages?

Before we jump solidly into our study of the stable water cluster, let’s explore a few very interesting observations that have come out of this research.

It became impossible not to correlate our findings with today’s soaring negative health statistics. When one begins a study of the biological actions of this particular particle, and when one does so in an ultraclean environment, one begins to get a glimpse into the possible causes of our current sick society.
The Dramatic Downtrend of Our Health Statistics
Despite the advancements in medical technology and the widespread availability of medical “cures,” we are seeing an overall increase in illness and facing constantly rising healthcare costs. Logically, this makes no sense.

In fact, the death rate from cancer has increased by 300 percent over the last hundred years.* In other words, regardless of all the medical advances made, a larger percentage of our population is getting ill.

For instance, if one looks at cancer statistics in the United Kingdom over the past forty years, one will find that the rate of people getting cancer has increased by approximately 25 percent. Another example is autism. In the 1960s, one person in 10,000 was diagnosed with autism; today, the rate is one in 88. That means we have a one-hundred-times escalation in diagnosed autism over the past fifty years. While part of the rise can be attributed to better reporting and diagnosis, this cannot account for such an alarming increase.

We are also seeing a host of new illnesses these days, and while some illnesses and diseases have been stamped out, they have been replaced by many more new ones. Our point here is simply something does not make sense; something is wrong with this picture. An increased understanding in the field of medicine should have resulted in decreased illness. Yet this is not the case, despite billions being spent each year on medical research.

There must be some other factor at work because, frankly, our research scientists are not stupid people; on the contrary, they are some of our most highly trained professionals. So what has changed? What could possibly be affecting us to create such a prevalence of illness?

A Possible Factor

From a logical point of view, it’s not that difficult to grasp. To understand a down-trending statistic, locate what has changed. To do that, let’s go back and look at the major change that has affected our civilization in the last three or four generations. Tracking back into these generations, we find the beginning of the Industrial Revolution.

I believe we all agree that we have a more comfortable standard of living due to the Industrial Revolution; however, we have also seen the introduction into our environment of over one hundred thousand new man-made chemicals. One can see that many of these chemicals have been, and are, very useful in our lives; but unfortunately they are not natural to our bodies. Mother Nature did not create them, and because of that fact, they can only act as toxins or foreign substances to us. Those new one hundred thousand chemicals are in our clothes, our food, the things we drink, the water we bathe in, and the air we breathe. We’ve all heard of some of them, like asbestos, Agent Orange, and DDT. These have appeared in international headlines, along with resulting court cases; but there are thousands of not-so-well-known man-made chemicals that surround each one of us every day.

It is these new man-made chemicals that our bodies have never come in contact with in roughly 3.5 billion years of evolution, from single cell to sentient being—man. Only within the last hundred years have we been constantly bombarded by substances that we have never before encountered along the evolutionary track of time and have no built-in processes to handle.

Simultaneously, if we look at the last three generations, we see illnesses skyrocketing through the roof (autism comes to mind), but why? And why are we seeing all these new incurable diseases—AIDs, HIV, and the full range of autoimmune disorders?

Before going into this any further, let’s take a look at DNA and what it is supposed to do.
What does DNA have to do with self-healing?
Now, I believe we can make an assumption here, and that is that even within the Western medical community, one would find complete agreement that self-healing, or actual healing, happens because of the information that is stored within our DNA. We heal, our bodies get well, because of instructions that are found within our DNA.

Let’s take a closer look at this. To begin, what is the purpose of DNA? In other words, what has DNA been doing all this time since life began here on Earth? This may seem like a huge question . . . but it’s not that difficult to answer.

From its inception, DNA has had one purpose, one intention, one directive, and that is “survive.” It is only motivated by the continuance of life. Its only job or activity has been providing survival instructions for the body, for the organism, for the cell. It’s done a good job, wouldn’t you agree? I’m here; you’re here; we are all here because it did what it was supposed to do.

The question would be, how has this remarkable natural mechanism—or device, or technology, or whatever we want to call it (we are talking about DNA)—kept this race of humans and all living creatures alive for these countless millennia?

The answer again is quite simple: it kept good notes. It kept a running record of all its successes—how it fixed and replicated itself.

For how long? Most scientists would agree that it’s somewhere around 3.5 billion years. The DNA that’s inside of you, the DNA that’s inside of me, and the DNA that’s inside every living creature on Earth has been around for three and a half billion years, and it’s been learning that entire time. It has not been dead and then born and then dead and born again. No, it has been alive for all those endless years of the past.

Another thing is that DNA is always alive when it is passed down through the generations. You got your DNA from your parents (they were alive), and they got their DNA from their parents (again living), on and on and on, all the way back to the first
man or woman, animal, or single-cell organism. There has never been a total break in this chain of life. If there was a break in a particular evolutionary line, that organism ceased to exist; its species is extinct. Mother Nature does not tolerate failure.

**Information Stored in DNA**

By now, having been alive since life began here on Earth, our DNA ought to be pretty smart! If we wanted to make an assessment of how much information is stored in just a single microscopic strand of DNA, what would be a good estimate? In computer terms, it would come to about 6 gigabits.

To give you a better comparison, if every single person on this planet represented one piece of information, the entire population of Earth would be stored in a single DNA strand.

How is this information stored? To oversimplify it, we could say that DNA has arranged itself into lines of “code” or instructions that are the blueprint of our bodies and their functions.

Now, what do we mean by that? The explanation from a medical text would be that DNA is made up of four different kinds of body chemistry, referred to as “bases,” or “building blocks,” of our DNA. How these are arranged or how they line up and fit together determines DNA code; these are what provide the instructions for our bodies to follow.

But if one looks below that understanding, we find an even smaller breakdown. An underlying code exists, because those bases or building blocks are made of something, basic elements, and those elements stick together because of a little charge—a push or a pull, a plus or a minus. It is this point where we step out of biochemistry and step into the field of physics. It is this crossover point from biochemistry to physics that will give us a new understanding of the functioning of the human body. We must step out
of the medical field and into the field of physics, as we need to view the structure and function of a human body at the atomic level.

It makes a major difference whether one views the human form from a chemical, biological, or physics point of view. Biological and chemical systems can seem rather complex, but looked at from a physics point of view, we see simply a long chain of places where something will either attach or not, stick or not stick—and that stick-or-not-stick becomes a simple binary code.

A binary code is the language (or “brain”) found in your computer. The code is built on two values: a one or zero, an on or off, a plus or minus. Morse code, with its dots and dashes, is a binary code.

Therefore, beneath all the complexity of human biological systems, cluttered with “Latin” labels, lies a simple, simple, simple mechanism. It began with DNA back in a watery ocean: either something bonded or did not bond, stuck or did not stick.

It’s a rather sad comment on our society that we strive to make these subjects so complex, because the truth is that you, me, all our families and friends, everyone on Earth, on a fundamental basis—all bodies—are made of little things that either want to push or pull, attract or repel, and that’s it. No matter how many old professors speak Latin to us, nothing changes that.

On the most primary level, how your body operates is dead simple. Oh, it appears complex; don’t get me wrong! Even if you strip away all the complicated Latin labels, it will still look very complex; but there is a simple answer to why it appears so.

There are billions, sometimes trillions, of processes happening at the same time. The basic functions at the smallest level are not complicated; it is just a plus or
a minus, stick (bond) or no stick (no bond). It only looks complex because of the number of concurrent processes that are occurring.

Once you understand that principle, it is time to take a look at the functioning of a body from a brand-new perspective.

In physics, we know that the smallest elements bond or don’t bond. That is the simplicity of life’s actions also. Remember, you, I, and all life began in a simple fashion in that watery ocean eons ago. Each step of our evolution was one of replication. Same as today; because when you get sick and your DNA fixes you, it does so by replicating the successful actions of the past. It replicates a pattern or a code present in the soup of the cell, and it picks up those things that are in the cell and, in that sense, it builds or reproduces a new piece of body chemistry—such as a particular protein.

It is a straightforward replication process. This is the code we have been talking about! The body reproduces itself because of places to stick, or bond. It is the simple replication of what is there, what worked in the past; and here is where we start getting very sensible answers to the prior questions in this booklet.

If one looks at this subject of health in the above light, with a possible new understanding, one can only come to this conclusion:

What goes into the body could very well end up sticking to that new replication: the new piece of body chemistry that is supposed to go forward in time might be grossly wrong. Bad replication means you could actually be affecting your genetic code.

More about this later . . .
Linus Pauling

The only person in history ever to be awarded two unshared Nobel Prizes was Linus Pauling. He was probably either the most influential chemist that ever lived, or one of them.

Pauling was rather direct about his viewpoint on what should be added to the body, as described here in this famous quote:

“Everything in the treatment and prevention of chronic diseases which is not orthomolecular [natural to the human body] will fail.”

He went on to say that, no matter how many marketing dollars you threw at unnatural substances in an attempt to make them into workable solutions, it was useless, because in the end, you are a totally natural three-billion-year-old organism, made by Mother Nature.

The man-made chemicals that have shown up in the last hundred years won't fit into her master plan. You were not created or evolved with these chemicals, and there is no information in the entire record of your DNA on how to deal with them; yet these new chemicals and toxins are finding their way into your body. Decide for yourself whether this is a good thing or a bad thing.

How Does This Affect Your DNA?

Let’s take up another concept: gene expression. What is “gene expression”?

Genes

Every creature alive has genes, and these determine what kind of life form something will become. Genes are tiny strings of chemicals that act as instruction manuals for each life form. They are the basic building blocks of life.

Genes hold in their structure a sort of code that determines what plant or animal this particular life form will be. The code determines every part and function of a living organism: color, skin, fur or feathers, and whether tall or short, thick or thin, and so forth. Genes dictate a living thing’s individual, unique characteristics, as well as all the internal workings that determine its health.
This might sound like an oversimplification, but it really isn’t. The reason you get sick when you eat something that is toxic to your body is because you are adding particles that prevent a cell from perfectly replicating. Components other than natural building blocks are being introduced, causing the genes to build a cell that can no longer fight off illness or has lost some other function.

This principle has been known for thousands of years. People might not have known the exact mechanism, but they did know that in order to produce strong, healthy offspring, it was necessary to consume healthy animals or plants—healthy food.

Current research indicates that the stable water cluster somehow helps the expression of certain genes. This allows the body or cell to use the information that has accumulated for millions of years, enabling it to deal with illnesses and heal itself. It is not the stable water cluster that heals you; it is your DNA, performing its functions as originally intended.

Double Helix Water® has to be one of the most natural products in existence (or possibly the most natural). We believe we have uncovered another phase of water—one that we are convinced has been around since DNA began. We have spent years learning how to concentrate it. With what we now know, we are possibly looking at a minuscule
particle so basic to living organisms that it might be the underlying building block to life itself.

It is a little water molecule that your body is totally able to work with, and simply because it has a bigger push or bigger pull (from a physics point of view it has a larger charge), it has the ability to do more work.

Life has been going strong for billions of years—working, working, working—a constantly operating water machine; it knows exactly what to do. The thing to do is enhance it, not poison it!

Double Helix Water® is a helpful, natural solution for life.
RESEARCH
Now that you know a little more about the stable water cluster and what it does, let’s take a look at some of the research that has been done so far. While research is far from complete, we feel you have the right to know what has been observed so far. We are presenting the information below simply as our opinion on what has been observed.

1995
After we made our initial discoveries about stable water clusters, the subject sat on a shelf for a while. Nothing more was done for several years on this investigation of stable water clusters and how they relate to human immunology.

2006
A request came in from a family member of a business associate, who was familiar with one of the prior studies. This family member had severe illness, had not responded to conventional medical treatments and therapies, was in hospice, and was given only a few months to live. She began drinking a solution of the water and went into remission within four months.

Today she is still free of her illness. She was the first of what are now countless people taking the water who have found great health benefits from it. We have seen recoveries—ranging from impressive improvement to a complete cessation of symptoms—from a diversity of other health issues, including autism-related disorders and a variety of autoimmune conditions.

2007
Following the Bonavida study of 2007, David L. Gann and Dr. Shui-yin Lo (together with Dr. Norman Shealy, a neurosurgeon and medical researcher) ran a small clinical trial. Ten healthy subjects had baseline blood drawn to measure TNF-A, IL-1B, IL-6, and IFN-Y (these designations are biological chemicals that affect parts of the human immune system). Each subject was then asked to drink water that contained stable water clusters, four times a day for 45 days. The results were impressive; the subjects who drank the water showed significant increases in Interferon-Y (interferons are proteins that trigger the protective defenses of the immune system) at the end of 45 days. The study remained unpublished because of the small numbers, but in his summary of the results, Dr. Shealy stated:

“The water may produce a significant enhancement of immune function in human beings. Larger studies should be done with perhaps a broader overview of immune function. Dysfunctions of the immune system are major factors in allergies, autoimmune diseases, cancer and even atherosclerosis and diabetes. The implications for immune health are obvious.”
2009
A large study was conducted on the stable water cluster’s immediate effect on the human body, using infrared imagery to demonstrate. The study group consisted of 78 volunteers over the age of 45 and free of acute disease. An infrared image was taken of each volunteer, who then drank plain distilled water. Ten minutes later, another infrared image was taken. The same volunteers then drank water containing stable water clusters. Twenty minutes later, a third infrared image was taken. The temperature changes detected by these infrared pictures were then calculated. Statistically significant differences in the temperature responses were found in all 78 subjects.

The body surface temperature differences observed before and after drinking the stable water cluster solution indicate that these molecules induce a rapid physiological response in a human body. The infrared pattern is entirely different from that produced by ordinary water molecules.

**We believe this observation indicates that stabilized water clusters have an important role in cell-to-cell communication.**

Our research (plus a large amount of anecdotal data) has shown that these stable water clusters, with their strong electric polar fields, demonstrate impressive and positive biological effects on people’s health who are taking them daily.

We have obtained information about improvements from patients with autoimmune disorders. Some eventually became symptom-free without any additional treatments or medication.
2013
On January 31 and February 1, 2013 we held the Second International Symposium on Water and Health at the Athenaeum, California Institute of Technology, Pasadena, California where more than 100 participants came together to discuss the physical, chemical and biological properties of stable water clusters. Participants consisting of expert scientists on the physical and chemical properties of water as well as medical practitioners who use stable water clusters as one of their intervention strategies in a variety of diseases shared and discussed their latest scientific findings and discoveries.

Seven peer reviewed published medical papers came from that symposium with the most groundbreaking paper coming from Dr. Benjamin Bonavida, at the Department of Microbiology, Immunology & Molecular Genetics at UCLA. His study focused on the responsiveness of stable water clusters on human cancer cells. The preliminary findings revealed treatments with water containing stable water clusters affects cell viability, inhibits cell proliferation, upregulates death receptors, sensitizes the cells to immune death ligand, and induces selected gene modifications that regulate the apoptotic pathway.

Another one of the seven peer reviewed published medical papers focuses on autism. Several cases of patients with autism were treated with stable water clusters with double helix configuration. The response of these patients was recorded on a ten-point health questionnaire as well as by thermographic analysis taken before and after treatment with stable water clusters. A vast majority of patients showed beneficial and rapid effects from the consumption of water with stable water clusters.

We also recently combined stable water clusters and naturally occurring oils to formulate a topical agent. Our preliminary results are encouraging. On applying the topical agent after vigorous exercise, people have experienced some reduction in muscle soreness.

For sunburn, applying the topical agent (or even the water itself) directly on the burn, or taking the water orally, per users remarks, appeared to reduce the sensation of pain. Topical application is also reportedly showing early benefit for arthritis pain, when rubbed into the affected joint. It seems to quiet the inflammatory effect.

Several practitioners using Double Helix Water® in their practices have also found tremendous benefits when using Double Helix Water® intravenously and with a compressor nebulizer system.

As seen by these examples, the variety of medical conditions improved by ingestion of these stable water clusters would indicate a very fundamental effect on the immune system and healing process. While we do say that Double Helix Water® itself does not cure anything, we know that it assists cells to regain their original functions. “Cures” result from the body’s own properly functioning immune system. Give the body proper nutrition, remove harmful substances from within it, and your body should get well.
Testimonials
Testimonials

I cannot say enough good things about the Double Helix Water and Cream. There is no doubt in my mind that this water and cream works for so many, many things. It is such an effective way of helping common and uncommon problems alike.

Ruth-Anne

Living with a chronic disease is something I never thought “I” would have to do. I was given Double Helix Water a few years ago and have been drinking it without fail twice daily ever since. My quality of life is better than it has been in the last 8 or 9 years. Adding this water to my daily routine has truly made such a positive difference in my life.

D’Ann

I am 71 years old and for the past 3 years I have been fighting a severe condition. I have been drinking the Double Helix Water for a few months now and I can honestly say that I feel much better than I used to feel. I have more energy than I have had in a long time and most importantly I feel so much better then I have in the past. I am actually able to sleep through the night now.

Frank

As a professional tennis player for most of my life, I have developed aches and pains throughout my body, particularly in my knees, from many years spent running on hard courts. Now that I use Double Helix Water Full Force Sports Cream alongside Double Helix Water®, I recover faster, the pain in my knees is gone, and I’ve gained flexibility. Double Helix Water® has become a part of my daily routine and I feel fantastic.

Saul

I used to be an active martial artist, fighter, stunt man and all-around athlete. My body was in such pain from the many years of abuse that it has gone through. It got so bad that it was even hard to simply get out of bed from the amount of pain I had been in. I had tried everything from prescriptions, to herbal remedies and acupuncture, to meditation, eastern and western medicines but nothing seemed to help with the pain.

One day my friend had received a bottle of Double Helix Water® on his birthday from someone, and rather than take it himself, he gave it to me. I started taking it twice a day and I can’t deny its results, about 90% of all my aches and pain were gone! I highly recommend this to everyone. This is the first time I’ve said that about any product.

Jin
Discover the benefits found in this little bottle

Double Helix Water®, a new scientific discovery, may help support the body's natural healing process of cell repair and injured tissue that becomes inflamed.

It goes beyond hydration by increasing the blood flow and allowing more oxygen to be delivered to the cells; helping to remove impurities and enabling cells to function at a more optimal level.

There's more to this science. Open this booklet to learn how the science of Double Helix Water® can help you or your patients.

For more information, click here to visit: TheHumanMRI.com or call 1-888-774-3667.